

BOOKS ABOUT BULLYING UP TO AGE 6



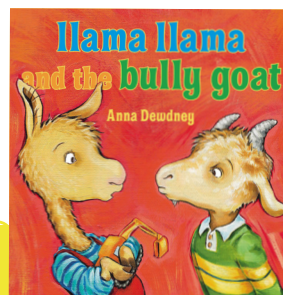
Meesha makes friends
Tom Percival

Meesha loves making things . . . but there's one thing she finds difficult to make - friends. She doesn't know quite what to do, what to say or when to say it. But one day she discovers that she has a special talent that might just help her navigate social situations - and maybe even make new friends.



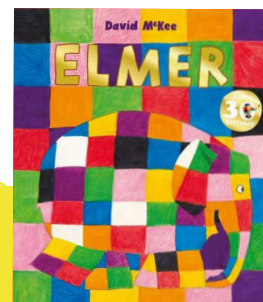
Be Kind
Pat Zietlow Miller

When Tanesha spills grape juice all over her new dress, her classmate contemplates how to make her feel better and what it means to be kind.



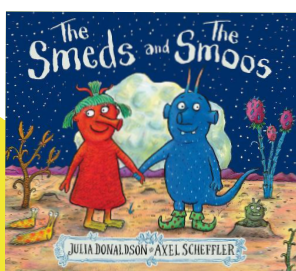
Llama Mama and the Bully Goat
Anne Dewdney

Llama Llama is learning lots of new things at school and making many friends. But when Gilroy Goat starts teasing him and some of their classmates, Llama Llama isn't sure what to do. And then he remembers what his teacher told him-walk away and tell someone. It works!



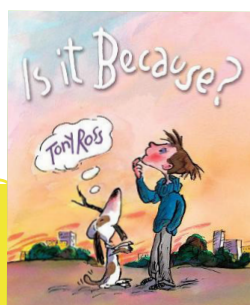
Elmer
David McKee

When Elmer discovers a bush in the jungle with elephant-colored berries, he shakes the bush and rolls in a berry mash until he is as gray as the others. Now no one seems to notice him; for a time he enjoys his anonymity, but after a while he begins to realize just how quiet and dull things are when he's not around.



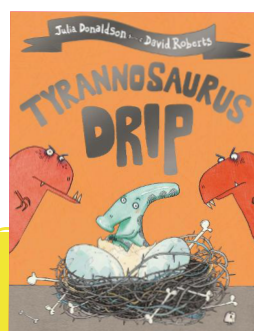
The Smeds and the Smoos
Julia Donaldson

The Smeds (who are red) never mix with the Smoos (who are blue). So when a young Smed and Smoo fall in love, their families strongly disapprove. But peace is restored and love conquers all.



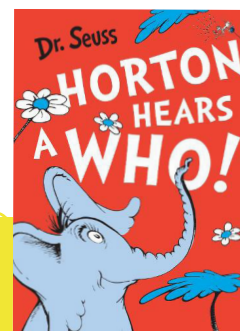
Is it Because?
Tony Ross

A little boy is wondering why he is bullied by his classmate Peregrine Ffrog. He asks himself various questions: 'Is it because he misses his mum? Is it because he still sucks his thumb? Is it because he can't ride a bike?'



Tyrannosaurus drip
Julia Donaldson

This latest offering from Gruffalo author Julia Donaldson sees her teaming up with illustrator David Roberts. A duckbill dinosaur egg is mistakenly hatched by a fierce, war-loving Tyrannosaurus family. Little Tyrannosaurus Drip is vegetarian and peaceful and can't keep up with his adopted family. He eventually finds salvation in the arms of a Duckbill tribe where he realises he belongs.



Horton Hears A Who
Dr Seuss

This book tells the story of Horton the Elephant and his adventures saving Whoville, a tiny planet located on a speck of dust, from the animals who mock him. These animals attempt to steal and burn the speck of dust, so Horton goes to great lengths to save Whoville from being incinerated.

ANTI-BULLYING WEEK

Monday 13 to Friday 17 November 2023

Anti-Bullying Reading Activity up to Age 6

Our Youth Action Group suggested three reading lists for learners up to Age 6, Age 7-12 and Age 13 and over, to help them explore anti-bullying themes and outcomes as well as showing support for our 'Listen Up! (Respect our Rights)' campaign.

You can introduce the learners to the campaign theme and call to action using our **Assembly Video**, available at www.respectme.org.uk/listenup.

We also have free learning resources aimed at Early Years, Primary and Secondary ages available for download.

Anti-bullying books: Up to Age 6

Books help to develop children and young people's imagination, creativity, empathy and emotional intelligence. They are also a useful way to explore – and even launch discussions about – experiences of bullying and the impacts bullying behaviour can have.

Bullying can be an emotive subject that can trigger some difficult feelings. Children and young people should be encouraged to speak to the sponsoring adult if this occurs, or contact Childline Scotland on 0800 1111 to speak to someone anonymously.

Anti-bullying reading activity

You will need

- Access to books on the reading list, via your school or local library
- Pencils/pens
- Paper/coloured paper
- Access to a photocopier

Suggested optional activities for children

Option 1: Choose a book from the list and encourage learners to talk about what they enjoyed about it, or what they learned from listening or reading it (age dependant).

Option 2: Split the learners into groups. Each group can then read or listen (age dependant) a different book (with an adult) and tell other groups about it.

Option 3: Invite adults (parents or carers/other teachers or head teachers) to come into your classroom/group and read one of the books with learners.

Option 4: Choose a book and ask learners to draw or design an alternative front cover of the book.

Option 5: Print out a picture from a chosen book and ask the learners to decorate it or colour it in.

Option 6: Read one of the books to learners, then ask them to tell you the events of the book, in order.

Option 7: Use a chosen book as a springboard for a talking and listening exercise:

- learners tell an adult about what happens in the book. The adult then shares what they heard with the group while the learners correct any mistakes or parts the adult has missed.

OR

- taking turns to speak, learners explain what happened next in the book. This could work for up to groups of 8 -10.

Further information

Visit the Book Trust's website for [A teacher's guide to the books that help children being bullied | BookTrust](#)

Share your book reviews with us!

Engage further in the 'Listen Up! (Respect our Rights)' campaign by sharing photos of the finished book review displays or reading trees on social media. Remember to tag us [@respectme](#) on Twitter, and to include **#AntiBullyingWeek** and **#ImListening** in your post.