

Secondary Age Learning Activity

NEW for 2023

Drama Podcast

The following lesson plan supports a Podcast recording with young people involved with our Youth Action Group playing out Exercise 3 from our Secondary Age Resource – available at www.respectme.org.uk/listenup. This activity is aimed at Secondary age pupils (S1 – S6).

The activity offers young people the opportunity to think about ways that they 'do' and 'don't' want adults to respond when they tell them about a bullying situation. It also gives adults a valuable insight into their own motivations and reactions, as well as an opportunity to listen to how children and young people feel.

Although this a drama-based lesson, it does not need to be delivered by a drama teaching professional. The lesson could work well in many subjects, including English, PSHE or any subject linked to Health and Wellbeing.

For wider staff training on how to respond sensitively and effectively to bullying by putting children's rights at the centre of support, the activity could be recorded and shared within the setting.

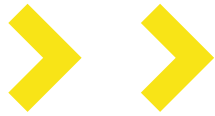
Context

Two members of our Youth Action Group teamed up to develop the three scripts you will listen to which support our adult background briefing A, B and C – as set out on Page 5 of our Secondary Age Resource. Their brief was to portray one adult who is too busy and doesn't listen well at all; one adult who tries to listen and is caring but is a bit over the top and emotional; and one adult who gets it pretty much right from a young person's perspective.

The Podcast titled: 'Episode 3' feature both young people taking turns to play the part of an adult and a young person who is being bullied to support all three background briefings. Scripting of the drama scenes were all youth-led, with exaggeration for effect, and feature some humorous aspects.

Safeguarding

Talking about bullying can be a sensitive and emotive subject that can trigger some difficult feelings. Share information with your group on where they can seek support or who they can talk to if they are in any way affected by the session. They can also contact Childline Scotland on 0800 1111 or via webchat to speak to someone anonymously.



Purpose of activity:

The purpose of this learning activity is to encourage young people and adults to work together to think in detail about what makes a good listener. The young people told us they want adults to be empathetic, kind, and validate their experiences and emotions. They want adults to give them choices and options, not to take control and tell them what they should or must do.

They told us that often adults want to go further in “dealing with” bullying than they do, and that sometimes small, practical steps make a big difference. All children and young people who are being bullied want the bullying to stop.

When a young person confides in an adult about bullying, this is a huge act of trust. It is so important that adults are able to honour that trust and get it (mostly) right.

When adults respond to bullying, it is essential that children’s rights – especially “the right to be listened to and involved in decisions that affect (you)” – are at the front and centre of their actions.

You will need:

- respectme’s Secondary Learning Resource as background and context
- Paper for all learners
- Pencils/pens
- Online access to: Youth Action Group’s ‘Listen Up!’ Podcast ‘Episode 3’. This can be found via www.respectme.org.uk/listenup.

Before you begin:

- Show our Assembly campaign film for schools and youth groups.
- Make sure you can play the Podcast to the class/group ahead of time.

What to do

Description of using our drama scripts in a class, or youth setting:

- 1 The Podcast titled ‘Episode 3’ is available to listen to on our campaign page www.respectme.org.uk/listenup in the ‘Podcasts’ section’.
- 2 Have a look at our campaign website for information and resources at: www.respectme.org.uk/listenup.
- 3 Ask the young people what qualities they want in an adult if they need to talk to them about bullying behaviours.
- 4 Listen and use the discussion questions at the end of each individual Youth Action Group recording.
- 5 Set out the drama activity within your own class or group – ask children to script and act out conversations between the young person and each of the three different adult scenarios.
- 6 Share with parents and carers – you could make an advice or tips handout or share the recordings with your wider school community.

Links with wider curriculum

- Rights respecting schools work – this highlights how children’s rights can be respected and upheld in practise (article 12 – the right to be listened to and taken seriously)
- Anti-bullying work – this activity empowers adults and young people by getting them to think about what it means to be listened to and respected in the context of reporting bullying
- Curriculum for Excellence – this activity helps to build confident individuals who are able to share their views and talk about their rights and needs

More activities

Looking for more learning resources and activities. Explore more for different age ranges and stages available online – for free – at: respectme.org.uk/listenup

Sharing your stories

Help us spread the word about the ‘Listen Up! (Respect our Rights)’ campaign this Anti-Bullying Week and throughout 2023/24. Share all your learning outcome updates through social media – we would love to share photos of your team building activities! If you post on Twitter (X), remember tag us @.respectme. and use the hashtags #AntiBullyingWeek and #ImListening.

Please ensure consent forms have been secured before sharing images of children and young people online

