



# CASE STUDY

**Dunfermline High School were successful in completing their self-evaluation process towards securing a respectme reward in 2023.**

**Here is a snapshot of their highlighted anti-bullying achievements.**

**Dunfermline High School is situated near the city centre of Dunfermline and serves as a catchment secondary for the following feeder schools: Canmore PS, Commercial PS, Limekilns, St Leonard's PS, Masterton PS and Pitreavie PS. In addition, the school works with many families who choose to send their children there on placing requests.**

**There are approximately 1500 pupils who attend the school and just over 100 staff with an additional 50 support staff.**

## PRACTICE



Dunfermline High School has a variety of activities/initiatives which are unique to their setting such as:

### Assemblies

The school holds pupil-led assemblies where positive relationships and behaviours are highlighted.

### Pupil Empowerment Team

The 'Pupil Empowerment Team' focused on Wellbeing and Inclusion. Worked alongside staff to develop and update the school's anti-bullying policy.

### 'Chit Chat Tuesday'

This is a drop in session where pupils offload any concerns or worries. This is aided by fully qualified Wellbeing Ambassadors.

### Wellbeing Ambassadors

Ambassadors supported the 'See Me, See Change' initiative where they worked with S1 PSE classes to reduce discrimination associated with mental health and organised a 'Time to Talk' day to encourage all within the school community to feel supported.

### Pupil Voice Conference

This group allow the school to capture the views of young people to inform policy and practice.

### Working with External agencies

- Show Racism the Red Card highlighted examples of prejudice and bullying behaviours and the impact that these can have on individuals and groups of learners across year group workshops.
- 'Human Utopia' work with S3 pupils to highlight how best to build positive relationships and encourage reflection on individuals' actions on others
- 'Mentors in Violence Prevention' S5 and S6 pupils take part in training days in order to work with younger pupils and promote relationships based on mutual respect.

### Created a bespoke programme of support

Weekly sessions with a Community Youth Worker trained in challenging views as part of the 'Fighting Chance' project which also used Judo as a vehicle to promote respect. Pupils encouraged to take responsibility for their actions and behaviours towards others.

### Equalities, Diversity and Inclusion Consultation Group

Driving forward key messages within areas of discrimination, prejudice and racism across the school.

### LGBT+ group

This group meets regularly and the school now has increased awareness and visibility of the group. The group have also supported 'Wear Something Purple' day to raise awareness of all members of the school community.

### Refugee Experience Presentation

As part of the S5 and S6 induction programme, the school invited a speaker to discuss their experience as a refugee in Scotland.

### National Autism Awareness Week

This was celebrated through the Pupil Empowerment Team's input at school assemblies where pupils were encouraged to reflect on ways in which positive behaviours and relationships could be displayed and created.

**Celebrating  
Anti-Bullying  
Achievements**