

Bullying...it's never acceptable

respectme Online Learning Modules

respectme is delighted to announce free access to an online webinar version of the 'Bullying...it's never acceptable' training for practitioners and professionals.

This new online webinar series has been developed from the full day face-to-face training that respectme delivered prior to the Covid-19 pandemic.

The recorded modules have been designed to offer organisations and individuals a convenient and flexible way to access and share learning about recognising, responding, and preventing bullying behavior at a time and place that suits them.

The course is split into 4 modules:

- **Module 1:** *Why address bullying?*
- **Module 2:** *How bullying is recognised and defined in Scotland*
- **Module 3:** *Preventing bullying*
- **Module 4:** *Responding to bullying*

How do I access the online webinar modules?

You can access this learning easily via the following platforms:

1. [The 'Training' section of the respectme website](#)
2. [The respectme YouTube channel](#)
3. Education Scotland's National Improvement Hub
4. GLOW – please visit the respectme tile for links

IMPORTANT: For evaluation purposes, we have included a Survey Monkey link with each module. We request all webinar participants complete all four (very short) surveys. Please remind staff members to complete the surveys when advertising these webinars.

When can I use these webinars in my setting?

When creating or revising your anti-bullying policy

- Before working on your anti-bullying policy, it is important to refresh staff knowledge of bullying behavior and 'Respect for All: Scotland's national approach to anti-bullying'.

When undergoing cultural change

- Is your school or organisation taking a renewed focus on positive respectful relationships or values such as respect, inclusion, and equality? This is an ideal time to refresh staff understanding of bullying.

During Anti-Bullying Week

- Anti-Bullying Week runs annually (this year it will take place November 16th-20th). The week is a great opportunity to signpost staff members to anti-bullying training and increase awareness of bullying issues.

Staff member induction

- The modules may be used as a recurring aspect of new staff member induction so that all incoming staff begin their role with a foundation level understanding of how to support children and young people affected by bullying.

Annual/Regular training processes

- Similarly, the modules may serve as annual refresher training for existing staff.

Themed days

- Is your setting focusing on **health and wellbeing**? This is a great time to ensure staff have a solid understanding of how bullying affects health and wellbeing. Bullying can have both physical and mental health impacts and exploring bullying in the context of relationships is valuable.
- Are you focusing on online bullying? Bullying happens face to face and online. If you are running events about **online safety** then including bullying as a sub-theme of this is important.
- Are you focusing on **children's rights**? Bullying can impact on a range of children's rights such as a right to an education and a right to safety. If your setting is doing any work on children's rights, you can look at bullying behavior as an aspect of rights respecting work.

How can I use these webinars in my setting?

You could watch the modules during a staff meeting or in-service day, over a number of weeks at twilight learning sessions, or staff could watch them in their own time. After watching, organize an online staff session to discuss the course content.

We would love to hear how you are using the online learning modules. Please help us by sharing your successes and stories about using these webinars on your social media channels – this is a great way for you to let other practitioners and professionals know that we have created them and that they are available to be used!